

QUARTZ Event program

The Organization of the Ultra-Trail Australia has decided to set up the QUARTZ Event program to protect your health and contribute to doping-free sport. The QUARTZ Event program is open to all participants. It has neither the vocation nor the competence to replace anti-doping rules but aims to strengthen the medical supervision before, during and after the competition. The QUARTZ Event program is carried out in collaboration with the International Trail Running Association (ITRA), Athletes For Transparency association (AFT) and Ultra Sports Science Foundation (USS). It is managed by a Medical commission solely composed of doctors. This Medical commission can take advice from experts of its choice and specifically give a consultative advice to the race direction on the medical condition of participants. This Medical commission can go as far as to suggest to the race direction that a participant should be excluded from competition for health reasons.

Each participant agrees to:

1. Declare to the Medical commission the following medical information:
 - Any medical history and/or pathology, in particular those which may increase risks during the practice of a sport
 - The use of regular treatments or medication or dietary supplements at least during the 30 days prior to the start of the competition
 - Request or use of a substance or method subject to a Therapeutic Use Exemption (TUE)
2. Provide all urinary and/or blood and/or hair and/or salivary samples required from 30 days before the competition and up to 15 days after the competition and also consent to the associated analysis of these samples, on the understanding that the costs for sampling and analyses are covered directly by the Organization.
3. Accept not to participate in the competition if glucocorticoids have been used, without any relation to the mode of administration and therefore the presence or not of a TUE, within the 7 days before the start of the competition. The use of glucocorticoids may be identified in the context of the analysis carried out, either from a direct dosage or in the case of an abnormally low cortisol.
4. Accept to answer any meeting request on site or remotely (phone or videoconference) that the Medical commission may ask for in order to discuss their ability or not, to participate in the competition.
5. Submit any doping control form completed within 30 days before the start of the competition and up to 15 days after the competition. Each form must be legible.
6. Accept the use, for the only purpose of research and in a strictly anonymous way, of data concerning him. Each participant has a right of access, rectification and opposition to data concerning him. The Medical commission is the authority with which the participant can exercise this right.

The declaration of medical information to the Medical commission is done through the ITRA health space for which each participant has access after having created a free runner account on the ITRA website: <http://www.itra.run>. The declared medical information is only accessible by the doctors of the Medical commission, the designated experts as well as to the medical team during an eventual care during the competition.

Any unreasonable breach, refusal, or transmission of erroneous information in connection with the QUARTZ Event program can result in the exclusion of the participant from the competition or being downgraded after the competition.