



2017 UTA100 RACE REPORT

...to the tune of The Eagles - *Hotel California*.

Verse 1

*On a wet Mountains Morning, there's a buzz in the air
Fresh smell of eucalyptus, and Vaseline everywhere
Up ahead an adventure, 100K's #letsdothis
A final stretch and a selfie, before the blue abyss*

*Heavy traffic down the valley, past the giant landslide
Is anybody running? Can I push people aside?
"Just relax" whispered Alan, in a hushed voice he said;
"4,000m elevation, and a million steps to tread..."*

Chorus

*We're livin' the dream in the Ultra-Trail Austraya
What an awesome Race
In my favourite place
Yeah we're testing our grit in the Ultra-Trail Austraya
Last minute change this year
Don't know whether to cry or cheer*

Verse 2

*Checkpoint 1 done and dusted, only 90k's to go
The mist is now lifting and reveals the valley below
Find some rhythm out to Taros, and park ourselves in
the queue
Have a gel and a breather, whilst we soak up the view.*

*Cruising down to Dunphy's, is that AyeOh singin'
ahead?
"...and I would walk 500 miles" gets stuck inside my
head.
And still those voices are echoing faaaaar away,
It's hard enough without list'ning to, a Scotsman
Saay...*

Chorus

*Aye we're livin' the dream in the Ultra-Trail Austraya
What can I say
Just an epic day
Yeah we're lovin' the pain in the Ultra-Trail Austraya
Blisters and cramps galore
I couldn't ask for more!*

Verse 3

*Half way thru I get to Nellies, she's a torture device
Hug my Brother at Aquatic, grab a Red Bull on ice.
That keeps me smiling, but my calves are destroyed
And my nutrition plan has become null n'void.*

*Battle out to Queen Vic, Head Lamp and Hi-Vis come on
And I was thinking to myself,
I'm "Bob" the Minion in a Marathon
Slip & slide through the forest to the evil Furber Stairs
I call out "Give me Strength my Lord", and He hears my
praayyers...*

Chorus

*We've conquered the beast, that's the Ultra-Trail
Austraya
Finished fourteen hours forty two
Silver next time, but first a spew.
Yes We've conquered the beast that's the Ultra-Trail
Austraya
Thank you to NRGeeee,
My Brother and My Wifefeee XXX*

Guitar solo slowly fades out...

